



# E-Bulletin from National Association for Patient Participation Issue Number 132 September 2018

## 1. Latest N.A.P.P. News

### 1. Diary Dates:

**8<sup>th</sup> June 2019: N.A.P.P. Annual Conference** venue tba in the South West area

**3<sup>rd</sup> - 8<sup>th</sup> June: PPG Awareness Week**

**12<sup>th</sup> -18<sup>th</sup> November Self Care Week: Choose Self Care for Life** Download [resources](#) from the Self Care Forum website.

### 2. Patient Participation in primary care: Why is it important?

A [paper](#) by our President and recent Chair clarifies the importance to GPs of involving patients in the wider aspects of the organisation of health care, as well as in their personal care, and demonstrates why GPs need to work with the patients in their practice in order to fulfil aspects of the GP curriculum and revalidation.

**3. Group of 100 having real impact:** N.A.P.P.'s Group of 100 – a set of PPG representatives who take part in occasional online surveys, enabling N.A.P.P. to gather views from a sample of patients and PPGs – goes from strength to strength. Highlights so far include:

- Securing a range of changes in the way in which the GMC describes its revalidation role to the public, including replacing an “infographic” with a video
- Advising NHS Digital on issues regarding access to the Summary Care record, with some individuals being interviewed to further evidence their experiences
- Feeding back to the Professional Standards Authority on their Accredited Registers programme, and on the website it uses to enable the public to find out about registered practitioners

**If you are interested in joining the Group, you can find out more (including the application form) [here](#)**

## 2. PPGs engaging with young people

This topic has always been a major challenge for PPGs. NHS England has a [Youth Forum](#), made up of 25 young people from all over the country, who have a passion for improving health services for young people. They have produced [a Top Tips guide to involving young people in PPGs](#). This formed the basis of their workshops at the last NAPP conference, which went down very well with delegates.

## 3. What Patient Participation Groups need to know about GP online Services

This is the title of a [new guide for PPGs](#) giving PPG members some top tips on how to engage their practice in registering more patients for online services. Many PPGs are already engaged in this activity and this guide encapsulates best examples

## 4. Developing the NHS long-term plan - discussion guide & online portal now live

It is vital that all those who rely on and work in or alongside the NHS have the opportunity to contribute their ideas, experiences and insights. You can submit your views, using the web portal [here](#) along with the [discussion guide](#) (also available in an [easy read version](#)) There is also a Feedback form. The deadline is 30<sup>th</sup> September 2018, **so don't delay**.

## 5. Prevention must be at the heart of the NHS long-term plan

According to the chief executive of Public Health England, if the [NHS long-term plan](#) is to succeed, it must prioritise prevention of three of the biggest killers, smoking, cardiovascular disease (CVD) and obesity can be prevented.

## 6. NHS Choices “re-branded”

As part of changes to the UK’s largest health website, the NHS Choices name and logo will disappear but the web address remains the same, [www.nhs.uk](http://www.nhs.uk) which now includes more accessible content, better mobile device experience, new content for helping people to manage long-term conditions, and improved page design... Entering the postcode will still enable you access any GP practice, hospital or other NHS facilities.

## 6. Better self-management could cut demand for urgent care

A briefing from the Health Foundation explores the link between how well people feel able to manage their long-term conditions - such as asthma, diabetes and depression - and their use of health care services. [The findings](#) show that avoidable health care use would fall and people’s quality of life would improve if they were better supported to manage their long-term condition. The Health Foundation is an independent charity committed to bringing about better health and health care for people in the UK

## 7. “Use plain English” Association of Medical Royal Colleges tells hospital doctors

In new guidance aimed at getting outpatient clinics to write letters in plain English, clinicians are being encouraged to [write](#) directly to patients and send a copy of the letter to the patient’s general practitioner.

## 8. Bowel screening to start at 50

Currently, in England, men and women, aged 60 to 74, are invited for bowel screening and are sent a home test kit every 2 years to provide stool samples. Ministers agree to national screening committee’s recommendation for bowel cancer screening in future to start earlier at 50. The [evidence](#) shows that screening people at a younger age would enable more bowel cancers to be picked up at an earlier stage, where treatment is likely to be more effective and survival chances improve

## 9. The importance of patient insight: improving integrated care

An [article](#) from the Kings Fund argues that listening to what patients want across the entire pathway of care is essential to the design of integrated care systems. The Kings Fund is a well-established independent charity working to improve health and care in England.

## 10.NHS111: Record numbers of people getting urgent NHS help over the phone

According to latest NHS data, in July this year, 20,000 people every day -over half of all calls to the NHS 111 phone service - are now getting urgent health advice from a doctor, nurse, paramedic or other clinical professional over the phone – the highest proportion since the service was introduced. Calls are handled by fully trained staff who can advise, signpost to local services or arrange appointments for further assessment. [More....](#)

## 11.N.A.P.P. website: Don’t miss out on this useful member benefit!

Our website Member pages contain **key resources available only to affiliated PPGs**. For login details, **visit the website, click on Members and use screen instructions**. We recommend each PPG to have a generic group email address as the username for the login.

**12.Reminder:** *Please email this bulletin to fellow members promptly. All previous bulletins can be found at <http://www.napp.org.uk/ebulletins.html>*

*Edith Todd, Trustee, September 2018*